

## **Efficient and Energetic Sennie (SEN NANNY) for B7, B8, B12 and G4**

**Location:** West Hampstead, NW6

**Wage / Salary:** £16 - £20 per hour gross / £31,200 - £46,800 gross per annum - *please note salaries are listed as an approximation only and final salary offering is negotiable.*

**Driver preferred but not essential - Automatic car available to use on duty**

### **Essential Skills/Traits:**

- Good spoken and written English
- Proactive and organised with demonstrable experience of multi tasking
- Patient and tolerant approach
- Energetic, kind and positive personality
- Happy working alongside a parent/shared care when needed
- Genuine love for working with children and child development
- Good understanding of Mathematics (to support a Diabetic diet and medication)
- Non-smoker

### **Desirable Skills/Traits:**

- Prior experience working with larger families/multiple children at once
- Previous work experience with Autism, ADHD and/or Sensory needs
- Previous experience supporting home learning/homework (Previous experience working as a Teaching assistant or within a school is a bonus)
- Adventurous and fun loving
- Creative skills such as playing an instrument to support with music practice
- An understanding of, or experience of working with a diabetic child
- Willingness to travel with the family on holidays

**Pets:** A hamster, some fish and some stick insects!

**Start Date:** As soon as possible

**Days & Hours:** *Approximately 30 - 40 hours per week during term-time (including babysitting) and 60 hours per week during school holidays*

**SOME FLEXIBILITY WITH FINISH TIME** *Term Time Monday - Friday: 2.30pm - 8pm*

**OR**

*2.30 - 7pm/7.30pm*

*Please specify finish time preference on application.*

*2 nights a week babysitting to be agreed in advance at least weekly*

*School Holidays/Closures Monday - Friday: 8am - 8pm approximately however hours are subject to change depending on trips/travel*

**About the family:** SENNIIES are looking forward to finding a fantastic Sennie to join this fun, kind, and busy family of 6. Dad runs his own business and mum's a doctor who is currently helping with the vaccine rollout and is looking to return to hospital medicine soon. They are a creative and sociable family as mum and dad are involved in the arts scene in London which, outside of the global pandemic, takes them out several evenings a week. They have a wonderful housekeeper who is also very happy to serve as a spare pair of hands with the children and enjoys cooking their dinner and

interacting with them so the Sennie will be working as part of a busy, but lovely team. The children are happy-go-lucky and enjoy creative activities and pursuits, but have 2 children with additional needs who require that extra bit of time, attention, patience and support.

They are a relaxed and easy going family who consider themselves to have a very 'open door policy' often having guests or friends (both the adults and the children) over to the house and don't like to miss out on potential opportunities for new experiences or fun. They are looking for a wonderful Sennie to help with the logistics of organising 4 great but very different children, who can support their individual needs and help the household run smoothly.

**About B7:** B7 is a happy, curious and active child with a wide range of hobbies and interests, his favourite interests at the moment are LEGO, Pokemon, Minecraft, and Starwars, so a Sennie who can find common ground with him would be brilliant. He really enjoys swimming, cycling and playground games, but is equally happy having quiet time reading, looking at comic books and colouring. He very reluctantly plays the recorder so some support in encouraging his playing/practise would be ideal, and he really loves listening to music.

B7 is Autistic with suspected ADHD and also has type-1 diabetes for which he uses an insulin pump. The family implements a lot of verbal signposting for B7 to support him with transitions which he can find difficult to process, and they would like for their Sennie to implement more visual cues and timetables to help with this. They tend to avoid too rigid a routine and 'structure' for him, as he can become distressed by any deviation from a plan or something he was expecting to happen but doesn't. This is something the family is open to understanding more about and want to work with the Sennie to find the best approach for B7.

B7 is very bright, but often sees things as very black and white and so meltdowns can occur if he is not given enough time to process new or nuanced information. He has however learned how to self-regulate really well and will often take himself off to self-soothe. Someone who can pre-empt and be aware of potential triggers is essential.

B7 can be a bit uncertain to try new things but if he does take to something - he will really take to it. Meal times can be a bit tricky for all four children and the family are keen to try and encourage slightly less chaos and a little more 'normalcy' around the dinner table.

At school B7 will have a 1:1 from September to help with his focus. He also attends occupational therapy (for focus, sensory needs and handwriting), a group speech and language session weekly (to build upon his social communication skills such as appropriate topics and encouraging back and forth conversations) and a Psychotherapist (to help manage any diabetes related behaviours).

Full training on how to manage and support B7's diabetes will be provided; however it is vital that the Sennie be comfortable with learning how to change his pump, which involves a small needle.

**About B8:** B8 is a quirky, creative and sociable child who really enjoys art, poetry and music - he currently plays the violin and is a keen singer. He's interested in reading and collecting things (Pokemon cards, coins etc) and also loves to spend time being active outdoors as he loves the natural world and is a budding environmentalist.

B8 has sensory processing disorder and struggles with his focus and spelling. It is clear that B8 needs a supportive, patient and encouraging Sennie, who will always help him to thrive, regardless of a diagnosis at this time as his intelligence and ingenuity mean he is falling short of certain diagnosis criteria.

B8 is also hypermobile and so can become easily uncomfortable when having to hold his pen or pencil and write for long periods of time. His occupational therapist has currently recommended a 'Sensory Diet' for B8, meaning he needs lots of active breaks throughout the day to get proprioceptive input and help with his focus. He has been struggling recently with his mood and being very demotivated from all the homeschooling, so a Sennie who wants to invest time and energy in understanding B8's needs and his individual nuances is really important.

The family is very keen to ensure their children get one on one time with their parents or at least get some time to do their own preferred activity, at the moment B8 gets a night every week with mum and dad to make sure he is not feeling left out as the middle child.

**About G4:** G4 is an extremely perceptive, sensitive, empathetic and fun little girl who is a real joy to be around! She takes everything in her stride and already wants to be a doctor just like her mum. She loves most things in life, particularly trips to the playground, swimming, music, story books, sylvanian families and playing with her brothers whom she referred to as 'her boys'.

Whilst G4 doesn't have any additional needs, it is important she is not left out and her own needs are also met by the Sennie especially with her being the youngest and the only girl.

**About B12:** B12 is incredibly kind, compassionate and independent, making him a delight to be around and a fantastic big brother to his siblings. He is a budding engineer who loves building computers, creating new things and exploring anything that engages his mathematically gifted mind.

B12 also loves music, singing and is currently learning to play the trumpet and piano! He also loves tennis, cycling, skiing, sailing, and going to theme parks.

**About the role:** The selected Sennie will provide before / after school and holiday care on a shared and sole-charge care basis, often sharing duties with mum who has always had excellent working relationships with her nannies and au pairs (a previous nanny stayed with them for 4.5 years and the family even taught her to drive! She left due to having her own children and is still a close family friend). The Sennie should behave as though this is a sole-charge position in terms of responsibility and pro-activity, but it is unlikely the Sennie will have sole-charge care of all 4 children at any one time. They should be comfortable and capable of working alongside mum as and when they are around and need to be involved with their children.

Due to the nature of this role, annual leave must be taken during school holidays.

The Sennie should be confident in using multiple approaches and tools to support the boys, and be able to work collaboratively with the family and the school to improve their methods such as visual aids, calming techniques, zones of regulation etc.

The focus for all three children is to support their interpersonal relationships with one another, improve difficulties around meal times, transitions and help create a clear and consistent routine.

The family are currently trying to create a calmer home environment, encourage dialogue and reduce screen time to weekends only where possible.

**Main Duties include:**

- Providing a happy, safe and stimulating environment for all children
- Creating and implementing a household timetable/schedule based on the childrens activities and individual needs
- Preparing school bags including making packed lunches
- School drop off/pick up

- Taking children to and from after school clubs / activities
- Meal planning and preparation (The housekeeper will cook the majority of daily meals, you may be required to reheat and serve)
- Organising playdates, activities, day trips, camps etc.
- Bath/Bedtime routine
- Light nursery duties such as: cleaning down surfaces after messy play/meal times, hanging out clean laundry if required, tidying up after children/encouraging children to tidy up after themselves.
- Occasional travel with family if needed (advance notice given)
- Help family create a new and effective screen time reward chart/system
- Ensure the children complete their music practice
- Support children with their homework as needed
- Liaise with the school and pass on any information to the family as and when needed

The family are looking for an upbeat, engaging and understanding Special Educational Needs Nanny, who can provide fantastic and fun care for their children. The Sennie selected will be able to follow and support therapies and interventions determined by the family (in conjunction with the Sennie) and professionals. A genuine passion for working with children and special educational needs is a must.