

## **Sennie for B12 & B9**

**Location:** Streatham, SW16

**Wage / Salary:** £15 - £20 per hour gross per hour depending on experience (approximately £29,250 - £39,000 per annum)

**Driver: Preferable** - Ideally with own car however the family car could be made available to drive and they also have use of blue badges for the car for the boys, making parking and access much easier.

**Live in/Out:** Live Out

### **Essential Skills/Traits:**

- Strong understanding of Autism and ADHD
- Prior experience working with/caring for multiple children on a 1:1 or sole-charge basis
- Reliable and punctual
- Ability to plan/create and implement stimulating activities for both children
- Can demonstrate an excellent level of proactivity and hypervigilance
- Capable of multitasking and managing two lively children
- Some understanding of KS2 and KS3 curriculum

### **Desirable Skills/Traits:**

- Driving license and happy to use own car for work

**Pets:** One small dog and two budgerigars

**Start Date:** ASAP

### **Days & Hours: 35 hours per week**

*Term Time Monday - Friday: 7.30am - 9.00am*

*2.00pm - 7.30pm (35 hours p/w)*

*School Holidays & Closures: 9.00am – 6.00pm (45 hours p/w)*

*In addition, babysitting may be required on an adhoc basis to allow the parents to attend various late meetings and work functions.*

SENNIES are looking for an enthusiastic, caring and dedicated Sennie to support two young boys with their before and after school and holiday care. The ideal candidate will have prior experience caring for more than one child at a time and be well organised with a great ability to multitask and keep in mind the individual needs of both children, to ensure they are supported positively.

**About B12:** B12 is bubbly and enthusiastic with a good sense of humour. He enjoys playing Lego, Roblox, Minecraft and also cooking. He plays for an ice hockey team, occasionally goes indoor rock climbing and attends Scouts and music lessons weekly. B12 particularly enjoys maths, science and history, so a Sennie who could engage with him on his favourite subjects and special interests would be ideal.

B12 is Autistic and ADHD and attends a specialist school for Autistic children. B12 is also asthmatic, although this is currently well controlled. Sometimes B12 can struggle with transitions and find it difficult to manage his sensory needs when in large crowds or if there is a lot of loud noise which is when he can become stressed and dysregulated - so patience, understanding and using pre-emptive strategies is important for B12.

B12 can also on occasion lash out at his younger brother when he is feeling frustrated or finding it challenging to regulate his emotions so someone who is unphased by this and able to support both boys in a calm and positive way during these moments is crucial.

B12's key areas for development and support are:

- Understanding B12's individual needs and how they present
- Encouraging B12's independence and self-care capabilities
- Work with B12 to plan and cook a family meal each week
- Encourage B12 to carry out simple household chores
- Assist B12 with therapy, particularly behavioural optometry exercises

**About B9:** B9 is also very bright and bubbly with a good sense of humour. He has a real interest in the sea and wants to become a marine biologist. He also attends forest school, cubs and takes music lessons on Saturdays. Like his brother, he enjoys playing Roblox and Minecraft.

B9 attends a local primary school and is supported by their Autism Resource Base. B9 is Autistic, ADHD and also has a diagnosis of PDA (Pathological Demand Avoidance) and Dyslexia. This can mean that he will sometimes struggle to get involved in activities and put up some resistance but then really enjoys them once he settles. B9 can also become quite anxious and has issues with low self-esteem. His relationship with his brother can be tricky as they both have different needs and responses. The family are currently working with the children and adolescent mental health services on this.

B9's key areas for development and support are:

- Understanding B9's emotions and helping him to self regulate
- Encouraging B9's independence and self-care capabilities
- Encourage B9 to carry out simple household chores
- Engage B9 in playing games, making the focus on taking turns and losing well.
- Assist B9 with therapy, particularly behavioural optometry exercises

Currently, when not attending after school activities, the children are spending a lot of time looking at screens (either TV or iPads). Whilst this is helpful for their self-regulation, this has gotten a little out of hand since Covid struck. We are hopeful that a Sennie will help us to engage the boys in more productive activities such as building their lego or other activities away from screens. B9 in particular really enjoys playing imaginary games with his carer. The Sennie selected should be equally happy to continue to engage with the boys, even if they are on their iPads or playing games independently, to promote conversation and interaction around these more isolated activities.

**Main Duties include:**

- Taking both children to their afterschool activities
- Meal preparation and meal times
- Interacting with the children and providing them with stimulating and developmental activities
- Light housework - Laundry, tidying up of general areas and children's belongings, clean of the kitchen after use etc
- Helping with some personal care e.g bath times.
- Booking/attending classes & appointments with/for the children
- Arranging day trips and after school activities (indoor and outdoor)

**About the role/family:** This is a busy and dynamic family of four. Dad works long hours in the city whilst mum is a stay at home mum, spending lots of time attending various SEN training sessions and attending to paperwork and appointments for the two boys. Through the week and on Saturdays the children attend a range of activities. Sunday is spent focusing on the family and often going out to various activities. We have a small dog who acts as a therapy dog for the two boys. She also works as a 'Pets as Therapy' dog and attends a primary school once per week.

Due to COVID-19 parents may be working from home, however, the Sennie should behave as though this is a sole charge position.