

## **Afternoon Sennie (SEN Nanny/Manny) FOR B11 & B9**

**Location:** Near Bath, Wiltshire, BA15

**Live in/out:** Live out

**Wage / Salary:** £15 - £17 per hour (gross) rate offered dependent on experience / £12,480 - £14,144 gross per annum (*These salaries are offered as an approximation only*)

**Driver essential - Manual car available on duty, however you will need your own car to access their home due to rural location.**

### **Essential Skills/Traits:**

- Previous work experience with Autism/Autistic children
- Experience with non/pre-verbal children/young people
- Physically fit in order to keep up with two active young boys
- Enjoys outdoor activities
- Great sense of humour
- A willingness to learn and implement the programmes as set by therapists/professionals and able record data obtained from these interventions efficiently
- Ability to remain calm, kind and patient
- Experience with emotional dysregulation
- Caring and compassionate approach
- Must be able to commit to the family on a long-term basis
- Discreet and respectful of the family's privacy and confidentiality
- Clean driving license

**Due to safety concerns for their son and the nature of the role, all applicants must be vaccinated against COVID-19 and/or be on their way to being and happy to take lateral flow tests daily until such time.**

### **Desirable Skills/Traits:**

- Sincere interest in working with Autistic children
- Ability to adapt quickly to the educational support and training provided by therapists/professionals
- Interested in assisting the family during the school holidays and babysitting - occasionally overseas
- Experience working with a child alongside another team member

**Start Date:** ASAP

**Days & Hours:** 4 afternoons, 16 hours per week

*Weekdays; Wednesday - Friday: 4pm - 8pm*

*Weekends; Saturdays: 4pm - 8pm*

*It is possible that a longer day on **Thursdays may be required**, please specify on application if you are unable to work Thursday mornings.*

***Some evening babysitting and very occasional overnight care may also required - Prior notice will always be given***

**About the Family:** SENNIES are looking for an active, part - time Sennie, Wednesday to Saturday, to care for 2 boys aged 11 and 9 near Bath. This is an excellent opportunity for someone to gain invaluable training from leading professionals in the area of Autism, as the family are fortunate enough to be able to invest in the best support for their neurodivergent family. The mother, like our CEO, has Attention Deficit Disorder and so has a personal understanding and connection to neurodivergent needs. There are 5 children in the family, 3 of whom are now adults and are all thriving thanks to the incredible support, care and encouragement they have received from both inside and outside of the home. For this role, the Sennie is only required to care for 2 of the family's children, which will soon be primarily for B11, as B9 is going to be attending a fantastic boarding school in the near future. They live in a beautiful location with lots of space to explore across the woodlands and on their farm, so someone who is willing to embrace the rural environment they live-in, even if they have not had much exposure to this type of setting, is necessary and they hope it is seen as a big bonus!

Due to rural location the chosen Sennie must have access to their own car, to get to and from work. Whilst on duty a car is provided for any outings with the children and you will not be expected to use your own vehicle, and there is also a Mule (a cart similar to a golf buggy) available to use to explore the grounds.

**About B11:** B11 is a happy, active and outgoing boy. He loves being outdoors, trampolining, swimming, horse riding and adventure parks! He loves everything Disney, and is favourite Teddy which also acts as a real comfort item to B11. He is a great traveller, being read age appropriate books, going to restaurants, playing with his lego, puzzles and attending the cinema.

B11 adores playing with his younger brother, especially running around together playing outside. He is a very good eater and is also about to start some new hobbies including music/art appreciation and Scouts. He loves walking in the family's woodland area and around their farm so someone who is physically fit and enjoys outdoor adventure is key.

B11 is autistic with delayed verbal communication - He is currently non/pre verbal and is using an AAC (Augmentative and alternative communication) app to communicate, which has been working really well. His communicative device, as well as other specialist interventions (such as play therapy, speech and language therapy, precision teaching, positive behavioural intervention, a gluten/lactose free/low carb diet and hyperbaric oxygen treatment) have helped him come on leaps and bounds in the last few years which has helped to reduce some of his emotional dysregulation which can lead to some challenging/distressed behaviours. Due to B11's needs he is almost always worked with on a 2:1 basis and so you will be working alongside another specialist when with B11 a lot of the time.

His key areas for development and support are:

- Ensuring B11's strict dietary requirements are met (gluten free, lactose intolerant, low carb diet)
- Setting clear boundaries and instructions for B11 is very important and using the correct language/tone (declarative language) as he can become demand avoidant
- Continuing to support B11 in his great work on self regulation, with use of reward charts, as set by therapists/practitioners
- Improve B11's use of his augmentative communication app with iPad.
- Encouraging B11's independence and responsibility such as setting the table and clearing away after themselves
- Helping to relieve B11's anxieties or stressors, thus helping to reduce some obsessive tendencies such as repeatedly opening and closing doors

B11 can be triggered by ear ache, hay fever, lack of structure and if his dietary requirements are not adhered to as this can cause bloating, constipation and irritation within his bowels. Sometimes he cannot communicate this so it is important the chosen Sennie can be patient and understand the trigger if challenging behaviours arise. If he is ever under the weather then no demands are to be put on him that day and he can have what the family call a 'sickness day'. It is imperative that consistency be kept in place for B11 and the Sennie selected must be comfortable and happy to continue the work and strategies the family already have in place, and take a keen interest in learning more about these.

When challenging behaviours arise outside of the above this can look like B11 throwing things or hitting the air (he very rarely makes contact with anyone) If this happens then there is already a fantastic plan in place designed with his specialists which will be taught to you. B11 is now at a point where he is familiar with the routine and can also at times be involved in asking for something like a 'calm count' if he feels dysregulated which is excellent and the family hopes to find a Sennie who can continue to implement the strategies already in place and work with the family to continue to find ways to help B11 succeed.

B11 stims very regularly and is something that is not discouraged by the family, instead they like to take an approach of monitoring his stims to ensure that he is doing so safely and doesn't get too lost in his own world as it can be difficult to get him back round once he is. The Sennie should be mindful of this and aware of B11's needs and safety at all times.

**About B9:** B9 is a vivacious, lively and happy little boy who has an infectious laugh. He loves all the same activities as B11, especially playing with his LEGO

B9 is very patient and kind with his brother and they generally play well together, he will be attending boarding school from September so the care for B9 in term time will be limited.

**About the role:** The selected Sennie will arrive in the afternoon to take over from B11's therapist (except on Saturdays) There will be an hour available for the therapist to handover to the selected Sennie, to ensure there is always a smooth transition and adequate time for the Sennie to take on any feedback and ask questions to ensure everyone is in sync, as consistency and clear transitions are key for B11.

There is a lot of training involved in this position where the Sennie will have the opportunity to learn from B11's team of therapists, specialists and people that know him best, so a genuine want to engage and learn is vital.

Main Duties include:

- Learning the current routine and strategies in place as set by the family and the team of specialists/professionals they are currently working with
- Assisting in meal preparation (meals are usually prepared by their housekeeper, however the Sennie will be in charge of preparing meals when the housekeeper is away, and must ensure all dietary restrictions are met)
- Meal times - The Sennie will be required to eat with B11 and the meal will be provided
- Preparing medication and supplements for the following day
- Bath time routine
- Taking B11 to the park and preferred activities, and remaining with B11 at his activity, if necessary sometimes with additional help such as assistance from a tutor
- Assist tutors in the pool for swimming lessons or other activities that require 2:1 support such as horse riding lessons

- Accompany B11 to scouts and stay with him as his 1:1, encouraging independence but being there is ever needed
- Continuation with B11's therapies as and when necessary

In summary - the family are looking for a proactive and passionate Sennie who can provide fantastic support for both boys. The Sennie selected will be able to follow and support therapies and interventions determined by the family and professionals. A genuine interest in working with special educational needs is a must.