

### Part-time Sennie (SEN NANNY/MANNY) for B13 and B10

<b>Additional needs present:</b> B13 - Autism, Anxiety, potentially ADD/ADHD and traits of demand avoidance	<b>Location:</b> Hitchin, Hertfordshire, SG4	<b>Wage / Salary:</b> £15 - 20 p/h gross dependant on experience £9,360 - £12,480 gross. Approx annum salary - (after school hours only) <i>Overtime and overnight stays are available which will significantly increase the wage please see below</i>	<b>Driver:</b> Essential - car available to use on duty
<b>Live in/out:</b> <ul style="list-style-type: none"> <li>• Either</li> </ul> You can live in Full time, weekdays only or just a few day a week to save time commuting	<b>Accommodation details:</b> A very attractive and comfortable double guest room. Lovely bathroom shared with the children.	<b>Days &amp; Hours:</b> <b>Term Time</b> <ul style="list-style-type: none"> <li>• Monday, Tuesday &amp; Wednesday</li> <li>• 3.30 pm to 7.30 pm</li> <li>• An overnight stay would be ideal Every Wednesday and Every other Saturday - this is not a deal-breaker</li> </ul> <b>School holidays:</b> There may be more hours available for the school holidays which will be discussed ahead of each holiday	<b>Start Date:</b> ASAP

<b>Essential Skills/Traits:</b> <ul style="list-style-type: none"> <li>• Prior experience and/or understanding of Autism, traits of demand avoidance and Emotional Dysregulation</li> <li>• Great sense of humour, playful and happy to join in playing with the children</li> <li>• A patient, warm and compassionate approach</li> <li>• 2+ years of SEN and/or Sole charge Nanny Experience</li> <li>• Physically fit, active and enjoys spending time outdoors</li> <li>• A desire to learn new skills and tools to support both boys in their development</li> <li>• Proactive and able to come up with their own ideas/solutions</li> <li>• Thoughtful and intelligent</li> </ul>	<b>Desirable Skills/Traits:</b> <ul style="list-style-type: none"> <li>• Confident and skilled working with behaviours that may be challenging at times</li> <li>• Some prior experience working with young / teen boys (Ages 10 - 15)</li> <li>• Has completed or is willing to complete an Autism Awareness Course or is able to demonstrate some awareness and experience of Autism and demand avoidance</li> </ul>
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**About the role/family:** **SENNIES** is excited to support a relaxed and caring family where the parents are separated but on very good terms. This role will take place at the mother's home. The boys usually spend quality time with their father every other weekend and often alternate some evenings, so they have 1:1 time with each parent. While the family is relaxed, they understand how important structure and routine is for the whole family. We are looking for a Sennie who can help the family implement a great after school routine, whilst ensuring there is balance and flexibility. Both boys are very independent and self-sufficient the majority of the time (they shower themselves, get their own breakfast, Load and unload the dishwasher, take out the rubbish on bin nights.etc.) making the nannying part of the role very easy, however, on occasion, each child has their own challenges, so finding a Sennie who understand how to support their individual needs is a priority.

**About B13:** B13 is a sociable, creative and funny young man with a sharp sense of humour. His Autism Diagnosis was only confirmed a year ago, as his traits were subtle and/or being masked in his early years. The family are also looking into the possibility of an ADD/ADHD diagnosis. Since his Autism Diagnosis, there have been some big changes in B13s life including a new school and moving house. This has led to increased anxiety, some behaviours that challenge and has presented new challenges for B13. When his anxiety peaks, it can come out as anger, but this is usually directed towards his parents and not school or childcare support.

B13 loves to entertain, often having friends over and always looks for the opportunity to make people laugh. He thrives and thoroughly enjoys one-on-one adult company and conversations. On a good day, B13 is very self-sufficient and loves to lead, however, at times he can become quite bossy with his close circle of friends and family, so a positive role model who can help guide B13 through friendships and teenage life is super important.

B13's key areas for development and support are:

- Implementing a consistent and healthy routine/structure that has an element of flexibility, to help B13 thrive
- Supporting and encouraging B13 to try new activities, that are appropriate for his age and ability
- To help B13 build upon his independence and confidence by being a great role model
- Help B13 reduce anxiety around leaving his home and encourage him to feel safe and comfortable with staying at his dad's home
- To help B13 become less attached to mum as currently he finds it quite difficult to be away from her and can often refuse to go to his fathers new home
- Support and encourage B13 to continue his emotional regulation techniques, in the hope he will learn to self soothe, as he currently needs someone to be there to instigate a calming technique. He is now able to ask someone to guide him through a breathing technique to help reduce his anxiety which is a fantastic achievement. This is happening effectively and quickly each time now.

**About B10:** B10 is a very sweet-natured, friendly and sociable boy, who is often invited to playdates with friends which he loves to attend! He is obsessed with sports, his favourite sport being basketball.

B10 can be quite hard on himself in terms of self-image which has resulted in a lack of confidence and self-esteem. Whilst he is very bright and conscientious, he struggles in mundane areas of his academic work and more recently has started to get overwhelmed/emotional when completing his homework. This means he needs some gentle support and positive encouragement when it comes to completing these tasks at home.

It is important that B10 is not overlooked and the selected Sennie takes time out to support both of the boys' individual needs and development. You will be supported by the family to ensure both boys get the required amount of 1:1 with all of their main caregivers.

B10's key areas for development and support are:

- Implementing a consistent and healthy routine/structure that has an element of flexibility, to help B10 thrive
- Support B10 to complete his school/homework by empowering and encouraging him with positivity
- Help B10 build upon his confidence and self-esteem, especially in the area of self-image
- To ensure B10s' needs are not overlooked
- To help B10 build upon his independence
- Supporting and scheduling time for B10 to have alone time without interruption
- Ensuring the brothers spend some time together where appropriate, but also that they engage in separate activities to suit both of their individual needs and preferred activities
- Help B10 complete any afterschool demands in good time so he has time to relax and chill out at the end of each day

**Main Duties include:**

- Helping the family create and implement structure and routine but maintaining a relaxed approach at the same time (Balance and flexibility are essential)
- Ensure the boys are getting enough physical exercise and/or outdoor entertainment after school
- Pick up/drop off children to school/school bus/playdates/sports practise as and when required
- Cooking/preparing meals and snacks for the boys
- Help with homework
- Light housekeeping duties related to the children (such as their laundry and organising their things) and tidying up after yourself
- Organising the child/children's things accordingly such as preparing clean clothes/school bags for the next day
- Engage in safe, positive activities until dinner time
- Positive behavioural support and management as required
- Some PA duties may be required such as booking, attending appointments with the boys, receiving deliveries, popping to the post office or dry cleaning on rare occasions
- Bathtime and Bedtime routine as and when required (the boys are very self-sufficient in this area)
- Overnight care shifts are available on a Wednesday night and every other Saturday which would significantly increase the wage for this role

To apply for this amazing role please head to the SENNIES website and fill in our online application form. Don't forget to quote the reference number 0099.