

Engaging After School Sennie for G10

Location: Kentish Town, London, NW5

Wage / Salary: £15 - £20 p/h gross dependant on experience

Driver: Preferred with use of your own car - but not essential

Live in/Out: This role can be Live in **OR** Live out.

Accommodation details: *Bright airy attic bedroom with a double bed, an antique copper bath, a sink and television. The toilet is shared with the Mother and G10, as it is located in the family bathroom.*

Essential Skills/Traits:

- Reliable and trustworthy
- Enthusiastic and engaging
- Previous work experience working with girls with ADHD
- Strong communication and organisational skills
- Able to set clear and healthy boundaries
- Previous experience working as a Nanny or in a private family home
- Can demonstrate a calm and patient approach

Desirable Skills/Traits:

- An understanding or previous experience working with Demand Avoidant behaviours
- An interest in arts and crafts and/or music
- Able to offer an element of flexibility
- Any understanding of divorce/single child traits is also helpful but not essential
- Willingness to accompany on a short holiday/trip is a bonus
- An understanding of ADHD medication and potential side effects or willingness to learn (G10 may be starting this journey soon)

Pets: 1 Cat (Hypoallergenic)

Start Date: ASAP

Days & Hours: **18 hours per week -**

Monday - Wednesday : 3pm - 7pm

Thursday : 3pm - 9pm

School Holidays: There may be additional school holiday hours available such as a full day on a Wednesday to take G9 out for a fun activity.

Additional hours on a Sunday are available if the selected Sennie is free to work weekends, however, this is not essential.

Are you an engaging, understanding and supportive SEN Childcarer / Professional / Nanny, with ADHD experience, looking for a new part-time role? Apply Today!

About G10: G10 is a bubbly, chatty and imaginative little girl, who loves to craft, sew, draw, bake, sing, listen to music and play with her dolls. She is always laughing, has a great sense of humour and was recently diagnosed with **ADHD and Dyspraxia**. She enjoys activities such as reading and crafting, often entering projects with great enthusiasm, but struggles with her focus and fine motor skills, which makes it more difficult for her to complete a book or project. G10 is intelligent and loves to ask lots of questions about her preferred interests. She needs lots of positive encouragement and

support to complete important tasks that are mundane, but essential, such as homework, organising her school bag and self-care (eating, bathing, brushing hair and teeth).

G10's key areas for development and support are:

- Helping G10 build upon her independence (including personal hygiene and self-care activities)
- Encourage and explore new ways for G10 to complete mundane tasks by making them more engaging
- Continuing to encourage G10 to build upon her social interactions (Improve two-way communication, coping strategies and emotional regulation)
- Supporting G10 with homework/schoolwork
- Understanding her delays with processing and reactions to demands
- Finding strategies for / redirecting G10 when she becomes anxious, irritated or frustrated
- Improving G10's bedtime routine
- Encourage G10 to engage in more physical activity
- Improving focus
- Encouraging G10 to try a wider range of foods
- Improve transitions especially when G10 is 'Hyper-Focused' on an activity

About the role/family: We are looking for a bright, surefooted, friendly and reliable Sennie to care for G10 Monday - Thursday, after school and during school holidays. The selected Sennie should have an understanding and patient approach, whilst also proactively learning about G10, to help her build upon her independence and thrive in any setting, whilst also being aware and adapting accordingly to her individual needs.

The parents are separated, on good terms and both Mum and Dad take an active approach to care for and support G10. The role will take place at the Mum's home, which is where G10 lives Monday - Thursday. This is a sole charge role and due to COVID-19, the Mum will be working from home, however, the Sennie should behave as though this is a sole charge position. We are looking for someone who can be flexible by 30 minutes or so each day, as the mother works in broadcasting which at times can run over slightly. Mum is super friendly and looks forward to meeting with successful applicants!

Main Duties include:

- School pick up Mon - Thurs
- Organising and encouraging play dates
- Taking G10 to after school activities
- Engage in fun and creative activities at home such as crafting, sewing, baking, singing etc.
- Source new and interesting age-appropriate activities
- Supervise homework and support G10 with homework
- Prepare/cook a healthy dinner
- Coming up with new ideas and strategies to share with the family that could help G10
- Occasional late-night babysitting duties
- Help build upon strategies for transitions
- Create, implement and continue working with visuals resources such as times tables, star charts etc.
- Ensure you have a consistent routine in place with clear boundaries
- Bath time / Bedtime routine (when requested)

The Mum is keen to find a Sennie who will actively share ideas and work as a team to develop the right tool kit of positive early intervention, to ensure G10 has every opportunity to reach her full potential in all areas of life. The Sennie selected will be able to follow and support therapies and interventions determined by the family (in conjunction with the Sennie) and professionals.