

**Sennie (SEN NANNY/MANNY) for B9 & B4**

<b>Additional needs present:</b> ADHD, Autism & Sensory Processing Disorder	<b>Location:</b> Ealing, W5	<b>Wage / Salary:</b> £15 - £20 per hour gross Approx. £15,600 - £20,800 per annum gross	<b>Driver:</b> Non-Essential - Car provided on duty if driver
<b>Live in/out:</b> Live out	<b>Pets:</b> 1 x Cat	<b>Days &amp; Hours:</b> <i>Term time</i> <ul style="list-style-type: none"> <li>• 20 hours per week</li> <li>• Monday - Friday</li> <li>• 3 pm - 7 pm</li> </ul> <i>Holidays:</i> Overtime may be offered if the selected Sennie is available and/or hours may be adjusted to suit school closures. to be agreed in advance.  Additional hours for babysitting available	<b>Start Date:</b> ASAP

**Essential Skills/Traits:**

- 2+ years of SEN childcare experience (ideally in Autism, ADHD and/or Sensory processing disorder)
- Great understanding of anxiety
- Fluent English speaker
- Physically fit
- Enjoys spending time outdoors

**About the role/family:** **SENNIES** is excited to support a loving family of 4 find an after school and school holiday Sennie. Their two boys, B9 (ADHD, Autism & SPD) and B4, attend a fantastic school in Ealing, a short 7-minute walk from the family home. We are looking for a Sennie who can collect both boys from school, have a fun and engaging time after school, and prepare and supervise dinner time. The boys will also need some support completing homework before their bedtime routine.

We are looking for a Sennie who is confident and capable of caring for both boys on a sole charge basis, in and outdoors.

**About the child/children:** **B9** is a kind and funny child, always inquisitive and has a healthy point of view to share. He recently found a love for football, including his favourite players Messi, Ronaldo and Jordan Pickford. Roblox is also the new game of choice, with Minecraft and Pokémon now relegated to an afterthought. His favourite activity can often change once he becomes bored and finds a new hobby to hyper-focus on.

B9 has a diagnosis of Autism, ADHD and Sensory processing disorder with an anxious profile, so he requires a little extra patience and support to navigate the world around him. If he gets too excited or overstimulated, he may display higher signs of anxiety, such as feeling judged or frowned upon, even if this isn't the case, which can lead to further anxiety-driven behaviours. In this instance, it is important to support B9 by using his calming strategies, such as taking 5 mins to breathe before rejoining the other children/activity.

B9 sees a weekly private Occupational therapist and a Speech and Language therapist, where he explores social thinking, emotional regulation and social and emotional communication. B9 attends a mainstream school that has been outstanding in supporting him in all aspects of his school life to help him be the best version of himself.

When B9 is feeling emotionally dysregulated and/or anxious, he may show excessive signs of sensory seeking behaviours such as rocking putting his feet on the wall, find it difficult to stay still and shows signs of agitation. If he is chewing his hands or an item of his this is a common sign for high anxiety. The family's current approach to support B9's needs is to be patient and understand the cause/trigger rather than deal with the symptom. They actively work towards helping him to understand and manage his feelings and emotions and knowing what

strategies to use such a taking deep breaths and validating his feeling. B9 also finds it challenging when playing with peers if the rules change and may enter fight (clench fists and grit teeth, no physical behaviours towards others) or flight mode to get him back to safety. The family hope to find a Sennie who can support B9 by working on self-regulation techniques and implementing strategies provided to us by his team of specialists, as consistency is key.

**Sensory and safety checklist:** *The family have identified that B9...*

- Resists changes to familiar routines.

**Key areas for development and support**

- Self-regulation Emotional and social regulation Support in understanding feelings.

**B4** is a very happy and sociable child who doesn't stop talking and loves anything to do with dinosaurs and animals. Loves role play, books and finding creatures in the garden.

**Who this role would suit:**

- Someone who has experience supporting children with a diagnosis of Autism, ADHD and/or Sensory processing disorder
- An active person who enjoys the outdoors and can keep up with two energetic boys
- Someone who can make both boys feel safe and who has a positive outlook on life with an open mind
- Someone resilient and proactive
- Knowledge of running a house required too - meal prep, tidying up after activities, support with homework

**Main duties:**

- School pick up
- Meal planning and preparation
- Creating visual aids (timetables, meal plans etc.)
- Cooking for the children
- Homework help and support
- Bath time and/or Bedtime routine
- Preparing uniforms and bags for the next day
- Planning appropriate activities and outings

**Lead Recruiter:** Anita - [Anita@sennies.co.uk](mailto:Anita@sennies.co.uk)

To apply for this fantastic role and see the full job description and family preferences, please head to the SENNIES website and fill in our [online application form](#).

**If you are already registered**, please [log in to your online SENNIES account](#), where you will see if you are a good match for the family/client based on your matching preferences. Please click 'like' for any roles you want to be sent forward for, so we can qualify your application.

**REF: 0187**

Check out our other open roles: <https://www.sennies.co.uk/current-vacancies>