

Weekend Sennie (SEN NANNY/MANNY) for B6

Additional needs present: Autism	Location: Belsize Park, NW3	Wage / Salary: £18- £20 per hour gross depending on experience	Driver: Non-essential
Live in/out: Live out	Pets: None	Days & Hours: Saturday OR Sunday - Ideally 11 am - 5 pm but can be flexible Additional hours also available if required: <ul style="list-style-type: none"> • Ad hoc babysitting, primarily evenings • 1 or 2 school pickups on Mondays and Wednesdays from 3 pm - 7 pm. 	Start Date: ASAP

Essential Skills/Traits: <ul style="list-style-type: none"> • Previous work experience with Autism/Autistic children • Calm, patient, understanding and proactive approach, especially in relation to communication • Demonstrable experience supporting distressed behaviours • Physically fit and active and enjoys being outdoors in nature • Knowledge or understanding of therapies such as speech and language and occupational therapy and/or understanding of strategies that work best for autistic individuals and how to implement these at home • Organised and capable of planning activities and days out • Likes music, singing and rhymes. • Prior experience in communicating with children with delayed speech/semi verbal. 	Desirable Skills/Traits: <ul style="list-style-type: none"> • Prior experience supporting toilet regression • Prior experience in teaching or tutoring literacy in young children • Comfortable working on early literacy in different ways and creative in getting across concepts.
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About the role/family: **SENNIES** is pleased to be working alongside this fantastic family to find a weekend Sennie for their lovely little boy in North London. They are a friendly, international family who are very easy to talk to. Both parents work in hybrid roles in the tech industry and are involved/responsive parents. The family have an excellent full-time Sennie who works during the week and will support the new Sennie in building a trusting relationship with B6. The family is keen to find a Sennie who will give context in situations, give B6 advance notice of what to expect, support B6 if he becomes stressed/dysregulated, and keep him safe whilst ensuring he feels supported.

About B6: B6 is a cheerful little boy who loves animals, trains and transport, all kinds of music, being outdoors and appreciating nature, going on excursions, food and cooking/baking, numbers and shapes, building things, playing with sand and water, trampoline and gymnastics, being read to. The family have a strong sense that he will excel in mathematics!

B6 has a diagnosis of Autism with delayed verbal communication. Currently, he can use short, simple sentences. The family is actively encouraging him to speak to ask for things, or when engaging in an activity, support building upon his independence. They are also aware that sometimes, verbalising can be hard/tiring for B6, so it is important to also respond to his nonverbal communication and incorporate language modelling when interacting with him. B6 is in the process of moving school, so he is a bit unsettled. Therefore he needs someone calm, patient, and happy to explain proactively using words and visuals during a time of change.

They would like their weekend Sennie to encourage play with other children at the playground (if they seem nice/receptive) and hope to set up some playdates with his classmates in the summer.

B6 has several stims that he uses as a form of expression and a way to self-regulate/soothe, which the family doesn't discourage. However, any stimulating that is dangerous (like mouthing harmful objects) or very difficult for others to be around (like him moving around on the carpet in school can put him unintentionally in the way of other children) into stims that give him similar sensations without causing issues (like using silicone chewies, or deep pressure like a weighted lap blanket).

It is important that the selected Sennie takes a forward-thinking approach when working with B6 and is open to experiencing the world through his eyes. His safety is very important, so hand-holding near dangerous spaces like roads etc. is expected. However, the Sennie is encouraged to walk, skip or run with him depending on his physical need at the time. He may need further proprioceptive input and for example, lie down on a pavement. This is not considered bad behaviour and as long as he is safe, it is perfectly fine for him to do. B6 is hypermobile and this, combined with his decreased body awareness, means he may get tired without realising it, which should be taken into account. The Sennie should be switched on to this and allow plenty of time for any activity or journey to account for this.

The family uses concise and clear language with B6, so it's easier for him to process, which the Sennie should be able to continue to implement. They also empathise with him out loud and will say or discuss with him what they think his emotions are when he is upset/distressed. The Sennie should continue to use this method of communication so that as B6 develops his own communication skills, the family can try to problem-solve issues together with him.

B6 uses a pictogram agenda app to help on days outside of the regular routine, which the Sennie should be comfortable working with and utilising. B6 has some hypersensitivity around noise, so it is important to be mindful of that.

It is important to praise effort more than achievement and the family veer away from using rewards to encourage self-motivation. Please note the family would not like to meet with Sennies who wish to use behaviour therapy strategies in their new Sennie role.

B6 key areas for development and support are:

- Aiding B6 in his social interactions and developing his communication skills
- Helping B6 in moments of distress to self-soothe/regulate and support sensitively
- Continuing any useful interventions or strategies with B6 at home as advised by his specialists
- Encouraging B6's independence and self-care
- Planning, preparing and providing indoor and outdoor activities/days out and encouraging new activities
- Supporting with school work
- Redirect to a chewie from things that should not go in his mouth
- Supporting B6's impulses - Able to react quickly and keep up with him if he decides to run

Main Duties and Responsibilities:

- Preparing and providing meals for B6 whilst on duty
- Prompting B6 with his personal care including regularly using the toilet
- Engaging B6 in his preferred activities
- Supporting B6 in his key areas for development throughout the day
- Educational support such as reading, writing and numeracy exercises
- Taking to and from activities as requested
- Sending photos/messages to update the family regularly
- Tidying up after yourself and B6 whilst on duty
- Bedtime and Bath time routine
- Planning appropriate activities and outings
- Taking the B6 to/from activities, clubs, appointments and playdates
- Support potty training / toileting
- Help the B6 build upon his independence and communication skills
- Personal care duties (bathing, feeding, changing, toileting etc.)

To apply for this amazing role please head to the SENNIES website and fill in our [online application form](#). If you are already registered, please [log in to your online SENNIES account](#) and send us a message, don't forget to quote the reference number 0082

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