

Weekend and School holiday Sennie (SEN NANNY/PA) for B17

Additional needs present: Autism & Cerebral Palsy	Location: Crowborough, East Sussex, TN6	Wage / Salary: £15 - £18 per hour gross per hour Approx. £18,820 gross per annum - <i>Overtime also available</i>	Driver: Yes - Car provided on duty
Live in/out: Live out	Pets: None	Days & Hours: Term time Saturday and Sunday <ul style="list-style-type: none"> • 10 am - 6 pm • 16 hours per week School holidays <ul style="list-style-type: none"> • 32 hours per week split over 3 - 5 days • Monday - Friday (days /hours agreed mutually in advance) Additional overnight and evening shifts available (to be mutually agreed in advance) This role can be 1 or 2 Sennies so please still get in touch if you are only able to commit to one weekend day per week.	Start Date: 18th June 2022 but happy to wait for the right candidate

Essential Skills/Traits: <ul style="list-style-type: none"> • 2+ Years of SEN experience (ideally Autism and/or Cerebral Palsy) • Engaging and outgoing SEN Childcarer • Confident driver • Fluent English speaker • Physically fit • Enjoys spending time outdoors 	Desirable Skills/Traits: <ul style="list-style-type: none"> • Prior experience with moving and handling • Able to offer a level of flexibility and offer additional support if available (e.g. evening/overnight)
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About the role/family: **SENNIES** is delighted to support a family and their case management team find an energetic weekend and school holiday Sennie! The team are open to hiring 1 Sennie if they can commit to all hours or 2 Sennies to create a job share. There is often overtime available, which is optional should the selected candidates/s be open to more work with this wonderful young man.

About B17: B17 is a delightful, talkative and smiley young man who loves watching his favourite TV shows in his room, trampolining, being outdoors, going for walks, reading his beano magazines and keeping up to date with his favourite TV personalities such as Ant & Dec! He also enjoys going to the gym and has a treadmill at home, which he walks on most days.

B17 has a diagnosis of Cerebral Palsy and Autism. He is physically able and is also verbal. We are looking for Sennie/s who can build a great friendship with B17 and encourage him to continue meeting his personal milestones, including supporting him in daily physical exercise. B17 likes his routines and can be supported in managing his expectations for his daily activities. He has sensory strategies to help manage any anxieties or stress in his day, which he sometimes needs encouragement to use.

B17 receives Occupational Therapy and Speech and Language Therapy from school and attends CBT and mindfulness privately, all of which have been going well.

The family and current carers have been supporting B17 with anxiety management strategies which they will share with their new Sennie/s for a consistent approach. They also use therapeutic listening and a coloured card system such as zones of regulation to support his emotional regulation and ability to self-regulate. Finally, they use lots of praise and encouragement in doing activities outside the home as, just like most teenagers, B17 would happily stay inside and watch his favourite TV shows if allowed. It is important we find an outgoing Sennie

who is confident in their ability to encourage and support B17 when engaging in physical activity and getting out into the community.

B17's key areas for development and support are:

- Building upon his independence and supporting B17 with washing, dressing and house tasks (loading the washing machine, cooking)
- Accessing the community (e.g. going to the gym)
- Supporting and understanding his anxieties
- Pointing him in the direction of sensory coping strategies to regulate his mood through self and co-regulation

Main Duties and Responsibilities:

- Meal planning and preparation
- Creating visual aids (timetables, meal plans etc.)
- Planning appropriate activities and outings
- Planning summer holiday activities/timetable
- Taking the B17 to/from activities, clubs, appointments
- Occasional Overnight care
- B17's laundry
- Getting B17 ready for bed and supporting his bedtime routine
- Behavioural support and management
- Tidying up areas after use such as the kitchen or bathroom
- Wiping down of surfaces; Implementing strategies and/or therapies
- Engaging B17 in his preferred activities
- Support B17 to build upon his independence

To apply for this amazing role please head to the SENNIES website and fill in our [online application form](#).
If you are already registered please [log in to your online SENNIES account](#) and send us a message, don't forget
to quote the reference number 0145

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