

Sennie (SEN SPECIALIST/NANNY/MANNY) for B16, B11 and B9

Additional needs present: Autism, ADHD, PDA, Sleep Disorder & Sensory Sensitivities	Location: Kensal Green / Harlesden NW10	Wage / Salary: £18 - £20 per hour gross, depending on experience. Approx. £32,580 - £36,200 per annum gross.	Driver: Not essential but preferred
Live in/out: Live out	Pets: 1 small Dog (very gentle & adorable!)	Days & Hours: Term Time - Monday - Friday <ul style="list-style-type: none"> • 3pm - 9.30pm • Additional 10 hours per month ad hoc, agreed in advance by both the Sennie and Family. School Holidays - Monday – Friday <ul style="list-style-type: none"> • 6.5 hours each day, agreed in advance by both the Sennie and Family. <i>Flexibility available for the right candidate.</i>	Start Date: ASAP

Essential Skills/Traits:

- A minimum of 2 years of SEN childcare experience with a strong understanding and experience supporting Autism, Sensory Processing Challenges, and ADHD
- Commitment to a minimum of 1 year
- Personable and fun-loving with a calming presence - a consistent, competent, and self-motivated individual who's kind, patient and empathic
- Resilience, Flexibility and adaptability to meet evolving family needs
- Experienced in Emotional Dysregulation, Anxiety, and Sleep challenges
- An engaging, detail-oriented individual who can immerse themselves within family life and liaise with external agencies alongside the parents (ie, CAMHS and other professionals)
- An understanding that all behaviour in children is communication
- A willingness to undergo necessary training is highly appreciated

Desirable Experience or Willingness to Train In:

- Conflict resolution
- Pathological Demand Avoidance (PDA)
- Trauma-Informed Care

About the role/family: **SENNIES** is excited to support a family of 5 find a Sennies to support 3 boys aged 9,11 & 16. All three children are creative, intelligent, spirited, and courteous. They positively respond to kindness, attention, respect, and clear boundaries. However, they tend to conceal their emotions outside the family circle, leading to challenges with anxiety, emotional regulation, and sensory differences. These struggles often result in frequent meltdowns, affecting the well-being of the entire family. The family views neurodiversity as a unique way of thinking rather than a disorder. They are dedicated to empowering their children and reducing their challenges through education, self-awareness, advocacy, and by identifying and altering environments and attitudes that may perpetuate ableism.

About the child/children: **B16** is an incredibly independent and extroverted teenager, and identifies as gender fluid. They are known for their strong-willed nature, boundless humour, and innate ability to infuse everything they do with 'flair.' A highly creative individual, B16 has an insatiable passion for aesthetics, spanning the realms of design, interiors, and fashion. They are also a multi-talented performer, with a penchant for acting, singing, piano-playing, and even rapping. Their fascination with the world of cinema extends to various aspects of production, and they enjoy crafting scripts. In addition to their creative pursuits, B16 aspires to break barriers in the modelling industry, with their determination to become a successful gender-fluid fashion model.

B16 has a diagnosis of Autism (with a PDA and Sensory profile) and ADHD. They have challenges with processing mostly auditory and visual information. The areas where they require development and support encompass life skills, organisational skills, and assistance with Pathological Demand Avoidance (PDA).

Sensory and safety checklist: The family have identified that B16 : *Finds it easier to listen when not looking at person; Bangs objects and doors; Seems unaware of pain and temperature; Eats materials which are not edible; Really enjoys crunchy food; Finds it hard to ride a bike; Does not seem to know where body is in space.*

B11 is a bright and emotionally sensitive boy, full of energy and a love for physical activities. Despite his shyness, he's determined to try new experiences. He's passionate about self-taught manga art, reading, gaming, piano, music production, and freestyle rap. Diagnosed with Autism, B11 thrives in his small mainstream school (undergoing the EHCP process) but masks his true self, leading to exhaustion and dysregulation after school. Bedtime anxiety is a significant family challenge, sometimes manifesting as hyperactivity, antagonism, or anger. B11 is currently awaiting a diagnosis for ADHD and is supported by CAMHS professionals throughout the assessment process.

The family is eager to welcome a new caregiver to help implement fresh strategies to support B11's needs and reduce masking at home. Building a strong relationship is vital, as B11 is anxious in new settings and relationships. B11 requires support and development in the following key areas: sleep management, emotional regulation, Occupational Therapy (OT) strategies, and the cultivation of social confidence. B11 is extremely shy and self-conscious. He needs support in managing social anxiety and perceptions of other people's thoughts of him. B11 is easily distractible, wild swings in mood with a quick switch to anger but extremely remorseful afterwards.

Sensory and safety checklist: The family have identified that B11 : *Gets lost easily; Finds it easier to listen when not looking at person; Covers ears when hears certain sounds; Likes a hug if chosen to do this; Dislikes the feel of certain fabrics and substances; Seeks pressure by crawling under heavy objects; Hugs very tightly; Enjoys feeling certain materials; Really enjoys crunchy food; Finds fine motor movements hard; Has extremely good balance*

B9 is a delightful, intelligent, and sensitive boy with a great sense of humour. He's an avid sports enthusiast, especially when it comes to basketball and football. He enjoys video games, drawing, and reading. B9 is neurotypical but experiences anxiety, often stemming from his interactions with B11, because when B11 is dysregulated and targets him. He can be a bit inflexible when it comes to trying new things, including food and experiences, and has some sensory sensitivities to consider. Despite this, he's remarkably courteous and generously shares fascinating, lesser-known facts.

His key areas for development and support include emotional regulation and frustration tolerance, as well as building resilience, assertiveness, and managing anxiety, and flexible thinking. When he feels anxious, B9 has a negative outlook on any demands placed on him, such as not wanting to get up and go to school, so ideally, the Sennie would support him in reframing these demands in a more positive way!

Sensory and safety checklist: The family have identified that B9 : *Dislikes bright lights; Finds crowded areas very difficult; Covers ears when hears certain sounds; Is very distressed by certain sounds; Likes a hug if chosen to do this; Dislikes the feel of certain fabrics and substances; Dislikes certain everyday smells; Likes to have food presented in a certain way on the plate; Finds fine motor movements hard; Quite clumsy and bumps into objects and people*

Main duties:

- Create visual aids (timetables, meal plans, etc.), implement strategies, therapies, & educational support
- Provide homework help; Support & engage children in daily after-school activities
- Transport children to/from activities, clubs, appointments, & play dates
- Manage behaviour & support development
- Organise children's belongings & living spaces
- Perform housekeeping tasks, including tidying communal areas; Assist with mealtimes & clean up
- Wipe down surfaces & maintain cleanliness
- Offer personal assistant (PA) support for the household
- Coordinate with school/specialists & update children's calendars
- Encourage children's independence & engage them in preferred activities

Lead Recruiter: Anita - Anita@sennies.co.uk

REF: 0231

To apply for this amazing role and see the full job description and family preferences, please head to the SENNIES website and fill in our [online application form](#).

If you are already registered, please [log in to your online SENNIES account](#), where you will see if you are a good match for the family/client based on your matching preferences. Please click **'like'** for any roles you want to be sent forward for, so we can qualify your application.

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Check out our other open roles: <https://www.sennies.co.uk/current-vacancies>