

Sennie (SEN SPECIALIST/NANNY) for G10 & G6

Additional needs present: Developmental trauma, Developmental coordination disorder, SPD, Anxiety	Location: Wicklewood, Wyomondham NR18	Wage / Salary: Approx £35,360 - £37,440 per annum gross.	Driver: Essential - with own car
Live in/out: Live out	Pets: None	Days & Hours: Average 40 hours per week based on an 8-week rolling rota, which includes some evening, overnight, and weekend shifts (approximately 1 in every 8 weeks for each). In return, both Mum and the nanny will have some weekdays off. This schedule would suit someone who enjoys variety in their work pattern, rather than a standard Monday to Friday, 9-5 routine. A sample work schedule can be provided in advance, though the final rota may vary slightly. The hours remain consistent during term time and school holidays, with the exception of annual leave.	Start Date: ASAP

Essential Skills/Traits:

- 2+ Years SEN Childcare experience
- Full, clean UK Driving Licence with own car
- Calm, reliable, caring, honest, trustworthy, fun
- Understanding and allowance for individual difference
- Active
- Firm belief and understanding that a child's behaviour is communicating their needs
- Flexible, e.g. ability to lead activities but also to be led by children when needed and ability to teach by modelling the desired behaviour, e.g. admitting own mistakes
- Knowledge of trauma informed care and therapeutic parenting (similar to gentle parenting)

About the role/family: **SENNIES** is excited to support a mother with two daughters in their family home, following an amicable recent separation from their father, who maintains regular contact with both girls. They are a warm, loving, and busy family that enjoys being active and eating healthily. Whilst some screen time is allowed, the aim is to limit it and closely supervise any internet access. Both girls are an absolute joy, making caring for them a rewarding experience, even when it can be challenging at times.

The role involves looking after G10 and G6, before and after school, as well as during school holidays. Both girls are highly active and love spending time outdoors, running, climbing, doing gymnastics, and playing imaginative games. They also enjoy crafts, drawing, colouring, and writing. G6 has a passion for sensory play, such as messy activities with paints, water, kinetic sand, slime, and playdough, while both girls love singing and dancing, often putting on performances at home. G10 enjoys cooking meals, while the 6-year-old prefers baking. Both girls have additional needs and require a Sennie who is caring, patient, and calm. Experience or the ability to adapt care to meet their specific needs is essential. The ideal Sennie will understand that a child's behaviour often communicates underlying emotions or issues, and the goal is to address those rather than focusing solely on the behaviour itself. G10 has developmental trauma, anxiety, and developmental coordination disorder, while G6 experiences developmental trauma, incontinence issues, and sensory processing difficulties. Both are in mainstream school, with G10 having an EHCP (Education, Health, and Care Plan).

The role includes school drop-offs and pick-ups, with G6's school being a 10-minute walk from the family home and G10's school a 10-minute drive. Additionally, the Sennie would help with homework, manage the bedtime routine when staying in the evening, and assist with tasks related to the children. This includes washing and ironing their clothes, keeping their toys tidy and organised, mending toys and clothes, planning meals and

possibly lunch boxes, organising their activities and groups, and preparing for both school and extracurricular activities. The specifics of these duties can be discussed and agreed upon to ensure mutual satisfaction.

A Sennie in this role would play a crucial part in helping the girls navigate their emotional and developmental needs, which can shift over time. While both girls have different specific needs, their early life experiences have left them with an inherent sense of uncertainty. A key aspect of the Sennie's role will be to foster a sense of safety, security, love, and self-worth for both children. At present, G10 struggles with significant anxiety around food safety, particularly the fear of food poisoning. This has led to her diet becoming very restricted, despite having always eaten a healthy, varied diet before. Supporting her in gradually expanding her food choices in a safe and reassuring way is important. G6 also has a limited diet, though her preferences differ from her sister's. Introducing new tastes and textures for her will be an ongoing focus, as will providing patience and understanding while addressing her continence difficulties, which have recently regressed. A Sennie can help by providing consistent emotional support, patience, and creative problem-solving to address these challenges. The ability to adapt to the girls' changing needs is key. The Sennie will be actively involved in supporting them through these transitions, always working to reinforce their sense of security and help them feel confident in themselves. The role will require sensitivity to their anxieties, particularly around food and continence, and a focus on making progress in these areas in a gentle and supportive manner.

About the child/children: G10 is a happy, energetic, and fun-loving child with a vibrant personality. She has strong opinions and likes to feel in control of her environment, often taking charge of situations in a confident manner. G10 thrives on being active, and her passions include dance, gymnastics, and singing—she loves to perform and show her creativity in these areas. She also enjoys arts and crafts, spending hours creating, drawing, and exploring her artistic side. Social and outgoing, G10 loves meeting new people and is very caring and kind-hearted. She shares a deep bond with her younger sister and has a strong attachment to her, often taking on a protective role. While G10 is emotionally younger than her age in some ways, she has shown significant growth over the past six months. She's becoming more mature and is now beginning to help out around the house, taking on small responsibilities and showing signs of increasing independence. Despite her strong-willed nature, G10 is very loving and affectionate. She seeks connection with those around her and thrives when she feels supported and understood. A Sennie will play an important role in continuing to foster her emotional development, encouraging her maturity while respecting her need for control and helping her navigate her relationships with sensitivity and care.

A Sennie will provide vital support to G10 in several key areas of her emotional and personal development, helping her build self-belief, manage anxiety, and develop techniques for controlling anger. To foster self-belief, the Sennie can offer consistent encouragement and positive reinforcement, acknowledging G10's strengths, achievements, and progress in all areas of her life, from her creative activities to her growing maturity around the house. When it comes to managing her anxiety, particularly around areas like control and social situations, the Sennie can help by providing a calm, steady presence. Teaching relaxation techniques, offering reassurance, and helping G10 identify and express her feelings in a safe, supportive environment can reduce her anxiety. Engaging her in activities she enjoys, such as dance and craft, can also act as calming outlets when she feels overwhelmed. Regarding anger management, the Sennie can introduce G10 to gentle coping strategies such as mindfulness, deep breathing, or time-in approaches, where the focus is on calming down together rather than punitive responses. Encouraging her to talk about her feelings, providing a model for managing frustration, and helping her practice techniques for regulating her emotions can make a significant difference in how she navigates moments of anger. The Sennie's support in these areas will not only help G10 build resilience but also reinforce her sense of self-worth, giving her the tools she needs to grow into a confident, emotionally balanced individual.

G6 is a joyful, cheeky, and loving child with a vibrant personality. She's very active and always on the move, demonstrating a strong sense of independence and a desire to do things her own way. While her independence is one of her standout qualities, she still requires reassurance and support, particularly in unfamiliar settings or when meeting new people. Her dual nature shines through in her interactions with her older sister, whom she both adores and enjoys teasing in equal measure. G6 shares her sister's passion for dance, singing, and gymnastics, and they often love to perform together, showcasing their creativity in front of an audience. She has a strong inclination toward multi-media creations, often combining different artistic forms to express herself. Music is a constant source of joy for her, and she, like her sister, finds comfort in its rhythms and melodies.

One of G6's key needs is sensory regulation. She craves tactile experiences, particularly those involving kinetic sand, theraputty, playdough, and other sensory materials, which help her manage her emotions and stay calm. These sensory activities play a crucial role in her day-to-day life, offering her comfort and a way to self-regulate when she feels overstimulated or overwhelmed. In addition to her artistic interests, G6 enjoys baking and is often eager to be hands-on in the kitchen, experimenting with different textures and ingredients. Though she is fiercely independent, her need for emotional support and reassurance means she thrives in environments where she feels safe and understood, particularly when transitioning to new experiences or meeting new people. Her lively, independent spirit, combined with her need for sensory experiences and reassurance, makes her a unique and wonderful child who benefits from gentle guidance, emotional support, and opportunities to explore her creativity.

G6 would benefit greatly from a Sennie who can provide both practical support and emotional guidance. In particular, she is working on developing her continence, and a Sennie could play a key role in helping her progress in this area. This would involve patience, consistency, and understanding, while gently encouraging her to build confidence and independence. As G6 is navigating the emotional landscape following her parents' separation, she sometimes experiences feelings of uncertainty. A Sennie can offer reassurance and a nurturing presence, helping her process these emotions and providing support as she learns to manage any anxieties. By creating a stable and secure environment, the Sennie can foster G6's sense of safety and help her express her feelings in a healthy, constructive way. In addition to emotional support, G6 is at a stage where developing safety awareness is crucial. A Sennie can gently guide her in understanding personal safety, both at home and in new or unfamiliar environments, ensuring she becomes more aware of potential risks while still allowing her the freedom to explore her surroundings. This would help build G6's confidence while maintaining a balance between her strong desire for independence and the need for safety and care. The Sennie's role in supporting G6 will be integral to her overall emotional well-being, helping her build self-confidence, manage her emotions, and develop key life skills like continence and safety awareness.

Who this role would suit:

- A Sennie who is patient, nurturing, and emotionally supportive, particularly in helping children manage feelings of uncertainty and anxiety.
- Has experience or a strong understanding of working with children who have experienced parental separation or emotional challenges.
- Someone who is creative and enjoys engaging in active, sensory, and artistic play, such as crafts, dance, singing, and sensory activities like kinetic sand or playdough.
- Can offer gentle guidance on continence support, fostering confidence and independence in a child.
- Understands the importance of safety awareness and can support a child in learning how to stay safe while still encouraging exploration.
- Has the ability to balance a child's desire for independence with the need for supervision and emotional reassurance.
- A Sennie who is flexible and adaptable, able to respond to the needs of both children with compassion and understanding.
- Enjoys working in a home that values creativity, active play, and emotional connection.
- Someone who can model emotional regulation and provide techniques for managing feelings like anxiety or anger.

Lead Recruiter: Anita - Anita@sennies.co.uk

To apply for this amazing role and see the full job description and family preferences, please head to the SENNIES website and fill in our [online application form](#).

If you are already registered, please [log in to your online SENNIES account](#), where you will see if you are a good match for the family/client based on your matching preferences. Please click 'like' for any roles you want to be sent forward for, so we can qualify your application.

REF: 0275

Check out our other open roles: <https://www.sennies.co.uk/current-vacancies>